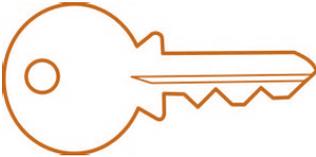


<b>Name of Activity:</b>	Goal Setting for Excellence
<b>Core Value Addressed:</b>	 <i>Pursuit of Excellence</i>
<b>Academic Level :</b>	<ul style="list-style-type: none"> <li>• Elementary</li> <li>• Middle</li> <li>• Senior High</li> </ul>
<b>Objective:</b>	To teach students the importance of setting goals and using self-talk to help them stay committed to those goals.
<b>Handouts:</b> (optional)	My Goal Worksheets (See Activity Handouts) 
<b>Directions for Implementation</b>	Give students goal setting worksheets and have them determine what goal they will pursue during this school year. Also, have students express what type of self-talk they will use to ensure that they stay committed to their desired goal. Goal sheets can then be displayed on your Values Venue.
<b>Adaptions</b>	<ul style="list-style-type: none"> <li>• Goal sheets can be given to all students as an assignment to reflect upon and then students can keep the goal sheet in their notebook and refer back to it throughout the year.</li> <li>• Activity can be done without the goal sheets and students can write their goals directly on banner paper.</li> <li>• Students can create their own goal sheets either on the computer or using construction paper and markers.</li> </ul>

<b>Name of Activity:</b>	Honesty Pledge
<b>Core Value Addressed:</b>	
<b>This activity can be used for any of the other 8 values as well.</b>	
<b>Academic Level:</b>	<ul style="list-style-type: none"> <li>• Elementary</li> <li>• Middle</li> <li>• Senior High</li> </ul>
<b>Objective:</b>	Students will learn appropriate behaviors associated with being honest and the importance of making a commitment to use those behaviors.
<b>Handouts:</b> (optional)	1 Pledge Hands (See Activity Handouts)  
<b>Directions for Implementation</b>	<p>Give students a “hand” and then ask them to complete the pledge to...</p> <p>Students should be encouraged to think about what they can commit to doing to show they are honest or fair. Include behaviors like doing your own work, telling the truth, treating all people the same, and including others. These hands can then be displayed in your Values Venue or in individual classrooms.</p>
<b>Adaptions</b>	<ul style="list-style-type: none"> <li>• Activity can be done without the hands and students can write their pledges directly on banner paper.</li> <li>• Younger students may want to create their own hands out of construction paper or trace their hands directly on a banner.</li> <li>• This activity easily adapts to any of the nine core values.</li> </ul>

<b>Name of Activity:</b>	I will ...
<b>Core Value Addressed :</b>	 <b><i>Integrity</i></b>
<b>This activity can be used for any of the other 8 values as well.</b>	
<b>Academic Level</b>	<ul style="list-style-type: none"> <li>• Elementary</li> <li>• Middle</li> <li>• Senior High</li> </ul>
<b>Objective:</b>	To teach students to reflect on appropriate behaviors associated with integrity.
<b>Handouts:</b> (optional)	n/a
<b>Directions for Implementation:</b>	Cut a big letter "I" out of banner paper and hang it in your Values Venue or in classrooms. Have students write "I" statements about what they will do to demonstrate integrity.
<b>Adaptions:</b>	<ul style="list-style-type: none"> <li>• Activity can be done without cutting the banner paper into the shape of an "I". Students can write their I will... statement directly on banner.</li> <li>• Cut out small letter I's and have students write their "I will..." statement on them. They can then be posted in classrooms or on your banner. You may want to have students keep their statements and encourage them to put them in a prominent place in their notebooks to remind them of expected behavior.</li> </ul>

<b>Name of Activity:</b>	Key to My Success
<b>Core Value Addressed:</b>	ALL VALUES
<b>Academic Level</b>	<ul style="list-style-type: none"> <li>• Elementary</li> <li>• Middle</li> <li>• Senior High</li> </ul>
<b>Objective:</b>	To teach students the connection between appropriate behavior and success.
<b>Handouts: (optional):</b>	Key template (See Activity Handouts)  
<b>Directions for Implementation:</b>	Give students “keys” and have them write what the key to their success is when thinking of behaviors associated with a particular value. Make sure students understand that the behaviors that align with the value are necessary for their success as a student and as a human. Have students think about behaviors that have been a problem for them in the past that they want to work on this year.
<b>Adaptions</b>	<ul style="list-style-type: none"> <li>• Activity can be done without the handout. Students can just write their keys to success on a banner which has a picture of a key.</li> <li>• Students may want to create their own keys.</li> </ul>

<b>Name of Activity:</b>	Many Thanks
<b>Core Value Addressed</b>	
<b>Academic Level</b>	<ul style="list-style-type: none"> <li>• Elementary</li> <li>• Middle</li> <li>• Senior High</li> </ul>
<b>Objective:</b>	<ul style="list-style-type: none"> <li>• To teach students that saying thank you is an important part of being kind.</li> <li>• To teach students that saying thank you is a small and easy gesture that makes others feel good and feels good to do.</li> </ul>
<b>Handouts:</b> (optional)	Thank You Template (See Activity Handouts)
	
<b>Directions for Implementation:</b>	<p>Give students thank you notes as they enter school in the morning. Ask them to write a short “thank you” to someone who they feel is deserving of a thank you. Encourage them to think of people who do not often get thanked (office staff, custodians, bus driver, crossing guard, mom, principal).</p>
<b>Adaptions</b>	<ul style="list-style-type: none"> <li>• This activity can be done without the handouts. Students can be asked to write a few words of thank you to someone. They can do this on paper or through email.</li> <li>• A thank you board can be created and students can write who they want to thank and why on the board. Hang it in a prominent location where everyone walking by will see when they receive a thank you.</li> </ul>

<b>Name of Activity:</b>	Polite Projections
<b>Core Value(s) Addressed:</b>	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  <div style="background-color: black; color: white; padding: 5px; border-radius: 15px; font-family: cursive; font-size: 1.2em;">Kindness</div> </div> <div style="text-align: center;">  <div style="background-color: black; color: white; padding: 5px; border-radius: 15px; font-family: cursive; font-size: 1.2em;">Respect</div> </div> </div>
<b>Academic Level</b>	<ul style="list-style-type: none"> <li>Elementary</li> <li>Middle</li> <li>Senior High</li> </ul>
<b>Objective:</b>	To teach students the importance of using polite words when showing kindness or respect.
<b>Handouts:</b> (optional)	Polite Projection sheets (two options, see Activity Handouts) <div style="display: flex; justify-content: center; margin-top: 10px;">   </div>
<b>Directions for Implementation:</b>	Cut up and give out polite projections (choice of two different activity templates included) to students as they enter school in the morning. Announce that students are challenged to use the word(s) on their handout sometime during the day. Politeness will project around your school.
<b>Adaptions</b>	<ul style="list-style-type: none"> <li>Students can be encouraged to create their own polite projection and commit to using it throughout the day.</li> <li>Have a polite texting or social media projection by encouraging kids to post or text their friends or loved ones positive and polite messages.</li> </ul>

<b>Name of Activity:</b>	Take Pride
<b>Core Value Addressed:</b>	 <i>Citizenship</i>
<b>Academic Level</b>	<ul style="list-style-type: none"> <li>• Elementary</li> <li>• Middle</li> <li>• Senior High</li> </ul>
<b>Objective:</b>	To teach students the importance of being involved in the school community.
<b>Handouts:</b> (optional)	n/a
<b>Directions for Implementation:</b>	Students should be given an opportunity to show pride in the school. Host events that promote school spirit and connection to the school community. Encourage students to wear school colors, recite the alma mater, etc. Today is a good day to give out information about clubs or activities students can join. A school history trivia contest is another good way to promote pride.
<b>Adaptions</b>	n/a

<b>Name of Activity:</b>	Turning Negatives into Positives
<b>Core Value Addressed:</b>	ALL VALUES
<b>Academic Level :</b>	<ul style="list-style-type: none"> <li>• Elementary</li> <li>• Middle</li> <li>• Senior High</li> </ul>
<b>Objective:</b>	To teach students the importance of aligning one's behavior with the core value.
<b>Handouts: (optional)</b>	n/a
<b>Directions for Implementation:</b>	<p>Post a piece of banner paper and place post-it notes on it with words which are the opposite of the day's value. When students enter the cafeteria or designated area, they will see a poster with many negative words. The title of the banner should be "How do you want to be remembered?" Have students take the negative word of their choice off the wall and throw it in the trash can that you will have strategically placed next to the banner. Give the students the opportunity to write a word which positively demonstrates the value directly on the banner.</p>
<b>Adaptions</b>	Each classroom can have a poster with the negative words on them and the students will erase the words before they enter the classroom.

<b>Name of Activity</b>	Walk a Mile in My Shoes
<b>Core Value Addressed</b>	
<b>Academic Level</b>	<ul style="list-style-type: none"> <li>• Elementary</li> <li>• Middle</li> <li>• Senior High</li> </ul>
<b>Objective:</b>	<p>To teach students the importance of empathy when dealing with others.</p> <p>To teach students about fairness by understanding that they should not judge others.</p>
<b>Handouts:</b> (optional)	Walk a Mile in My Shoes cut outs (See Activity Handouts)
	
<b>Directions for Implementation:</b>	<p>Give student a Walk a Mile in My Shoes handout in the morning. Have the first class teacher explain that each student is being asked to reflect on the statement, “Don’t judge someone until you have walked a mile in his shoes.” Have the student’s last teacher of the day collect the handouts and select the best ones to be read the next morning or post in your Values Venue.</p>
<b>Adaptions</b>	<ul style="list-style-type: none"> <li>• Create a banner that says, “Walk a Mile in My Shoes” and have students reflect their thoughts directly on the banner.</li> </ul>

<b>Name of Activity:</b>	Who Do You Respect?
<b>Core Value Addressed:</b>	
<b>Academic Level</b>	<ul style="list-style-type: none"><li>• Elementary</li></ul>
<b>Objective:</b>	To help students learn about role models for respect.
<b>Handouts:</b> (optional)	"Who Do I Respect" handout (See Activity Handouts)
	
<b>Directions for Implementation</b>	Give students "Who Do I Respect" Cutouts. Have them write who they respect and why on the handout. Display the student's cutouts on your banner in your values corner or in designated areas throughout the school.
<b>Adaptions</b>	<ul style="list-style-type: none"><li>• Create a big banner entitled "Who Do You Respect?" and have students write the names of who they respect and why directly on the banner.</li></ul>

<b>Name of Activity:</b>	Working Together Wednesday
<b>Core Value Addressed</b>	
<b>Academic Level</b>	<ul style="list-style-type: none"> <li>• Elementary</li> <li>• Middle</li> <li>• Senior High</li> </ul>
<b>Objective:</b>	To teach students the importance of setting goals and using self-talk to help them stay committed to those goals.
<b>Handouts: (optional):</b>	n/a
<b>Directions for Implementation</b>	Have teachers use cooperative learning groups to complete day lessons, assignments, or activities. You may want to give small group activities (puzzles, cup stacking, brain teasers) to students at their lunch tables. Have them work together, take pictures, and display them in your Values Venue.
<b>Adaptions</b>	n/a

<b>Name of Activity:</b>	Values Chain
<b>Core Value Addressed</b>	ALL VALUES
<b>Academic Level</b>	<ul style="list-style-type: none"> <li>• Elementary</li> <li>• Middle</li> </ul>
<b>Objective:</b>	To reinforce student behavior that aligns with the core values.
<b>Handouts:</b> (optional)	n/a
<b>Directions for Implementation:</b>	Each time student is “caught” doing something that exemplifies the value of the day, have the teacher give him/her a colored strip of paper and have him/her tape or staple the ends together to create a circle or ring with it. The teacher will create a chain in the classroom. At the end of the day, see which teacher’s chain has the most links and announce the winner.
<b>Adaptions</b>	<ul style="list-style-type: none"> <li>• You can create links everyday with different color paper for each value. At the end of the week, see which value was seen in action the most.</li> <li>• Have students create a chain by writing what they will do to behave in a manner which portrays the targeted value. Students can see their chain of good intentions as a reminder to exhibit these behaviors.</li> </ul>